Please indicate the best choice for the following. Note: Quizzes are to be completed INDEPENDENTLY!

The term menarche refers to:
A) the beginning of growth of the uterus.
B) the first ovulation of a mature egg.
C) a girl's first menstrual period.
D) the first year of menstruation, which is usually anovulatory.

For boys, the event that most closely parallels menarche is the:
A) growth of the penis.
B) spermarche.
C) first intercourse.
D) discharge of enough sperm to fertilize an ovum.

The biological events that begin puberty involve a hormonal signal from the:
A) cerebellum.
B) hypothalamus.
C) hippocampus.
D) ovaries or testes.

Which of the following statements is correct regarding the relationship between body fat and the onset of puberty?
A) There is no correlation between obesity and the early onset of puberty.
B) There is a positive correlation between obesity and early onset of puberty.
C) There is a correlation between obesity and the early onset of puberty only among Native American adolescents.
D) There is a negative correlation between obesity and the early onset of puberty.
The adolescent who will probably find puberty most difficult is:
A) Eric, an on-time maturer.
B) Trisha, a late maturer.
C) Hans, an early maturer.
D) Katya, an early maturer.

In the twenty-first century, early puberty positively correlates with which of the following?
A) the tendency for girls to date boys younger than themselves
B) the tendency for girls to enter into later, nurturing relationships
C) aggression and antisocial behavior in boys
D) early-maturing boys becoming leaders in their schools and community

Because of the obsession with body image during adolescence, girls may ingest ______ and boys may take ______.
A) steroids; diet pills
B) estrogen supplements; testosterone supplements
C) salt; sugar
D) diet pills; steroids

One of the first signs of the growth spurt is:
A) lengthening of the torso.
B) increased muscle mass.
C) growth of arms and legs.
D) growth of hands and feet.

Which of the following is the most frequently reported STI?
A) chlamydia
B) gonorrhea
C) genital herpes
D) AIDS

The ultimate psychosocial goal, according to Erikson, is identity:
A) diffusion.
B) achievement.
C) foreclosure.
D) moratorium.
In which of the following relationships are you likely to find the most bickering?

A) grandparents and teens
B) mothers and daughters
C) adolescents and older siblings
D) fathers and sons

Which parenting style is least effective during adolescence?

A) authoritative
B) neglectful
C) authoritarian
D) permissive

Chris typically can be found with his group of close friends on the gym steps at lunchtime. He is socializing in a:

A) clique.
B) cluster.
C) crowd.
D) crew.

What is the most frequently abused drug among North American teenagers?

A) alcohol
B) tobacco
C) cocaine
D) marijuana

Emerging adults are more likely than high school seniors to be addicted to:

A) alcohol.
B) cigarettes.
C) heroin.
D) marijuana.
When asked to estimate how much their peers smoke, drink, and do other drugs, college students tend to ______.
A) overestimate
B) underestimate
C) say that they have no idea
D) be accurate in their assumptions

According to Labouvie-Vief, which of the following characteristics the cognitive development of the emerging adult?
A) the emergence of critical, emotional thinking
B) the emergence of logical thinking without emotion
C) the emergence of complex, critical, and relativizing thinking
D) the ability to combine hypothetical logic with emotional reasoning

Thinking may become more ______ and ______ with each year of college.
A) introspective; hypothetical
B) reflective; expansive
C) expansive; hypothetical
D) reflective; hypothetical

According to Erikson, once the emerging adult has established a sense of identity, they will need to resolve which of the following crises?
A) trust versus mistrust
B) generativity versus stagnation
C) identity versus role confusion
D) intimacy versus isolation

Which of the following is true of couples who cohabit before they are married?
A) They are less likely to experience domestic violence.
B) They are more likely to divorce if they marry.
C) They are more likely to engage in extramarital affairs.
D) They are less likely to divorce.